

**Allendale Association's  
BRADLEY COUNSELING CENTER**

Sponsors:

**"REAPING THE PERSONAL &  
PROFESSIONAL BENEFITS OF  
EVERYDAY MINDFULNESS"**

Presented by:

**GEORGIA JONES, LCSW**

**Continuing Education Credits Available:\***

- 2 CE's for Psychologists
- 2 CE's for Social Workers
- Meets IL CE requirements for psychologists in the area of ethics.

2018 IS A RENEWAL YEAR FOR PSYCHOLOGISTS

**FRIDAY, FEBRUARY 16, 2018  
10:45 A.M. - 1:00 P.M.**

**Proops Professional Development Center**

(at the Bradley Counseling Center)

420 W. Grand Avenue, Lake Villa, IL 60046

**Fees: \$30 • \$15 Student Fee**

**For Group Rates, please call contact below!**

**No Cost for Allendale Employees!**

**For More Information, or to Register, Contact:**

**(e.g., target audience, refund policy, etc.)**

**Dr. Sandra E.J. Clavelli**

Call: (847)356-3322

Email: [sclavelli@Allendale4kids.org](mailto:sclavelli@Allendale4kids.org)

\* Allendale is approved by the American Psychological Association to sponsor continuing education for psychologists. Allendale Association maintains responsibility for this program and its content.

Allendale Association offers 2 CEs for attendance at this presentation. As a registered social work CE sponsor, Allendale Association awards 2 CEUs to social workers for attendance at this presentation.

This presentation meets Illinois CE requirements for psychologists in the area of ethics.

**Allendale Association  
BRADLEY COUNSELING CENTER**

P.O. Box 1088

Grand Avenue & Offield Drive

Lake Villa, IL 60046

Return Service Requested

[www.Allendale4kids.org](http://www.Allendale4kids.org)

**CONTINUING EDUCATION PROGRAM**

JOIN US FOR:  
**"REAPING THE  
PERSONAL &  
PROFESSIONAL  
BENEFITS OF  
EVERYDAY  
MINDFULNESS"**



PRESENTED BY:

**GEORGIA JONES, LCSW**

**FRIDAY, FEBRUARY 16, 2018**

**10:45 A.M. - 1:00 P.M.**

HOSTED BY:

**Allendale Association  
AT THE PROOPS PROFESSIONAL  
DEVELOPMENT CENTER**

Bradley Counseling Center  
420 W. Grand Avenue  
Lake Villa, IL 60046

**847-356-3322**

## GUEST SPEAKER:

### GEORGIA JONES, LCSW

Georgia has been meditating in one form or another for much of her life. She began as a young child using simple meditation techniques to cope with physical symptoms of anxiety. Then she became more interested in concentration meditation as a teenager as she observed her father meditating daily. For the past several years, she has been studying and practicing Vipassana (mindfulness) meditation. Georgia has been a social worker for 14 years, and has completed numerous formal trainings on the clinical application of mindfulness. She is Certified in Mindfulness and Psychotherapy through the Institute for Meditation and Psychotherapy. She has been actively using mindfulness in her clinical work, as a Supervisor at Community Counseling Centers of Chicago, and her private practice, Chicago Mindful Psychotherapy, for over 10 years. She has given numerous seminars on mindfulness, its components and applications, as well as crisis assessment and intervention, and treating borderline personality disorder. Most importantly, Georgia delights in trying to apply mindfulness in everyday life, both for herself and for her clients.



## LEARNING OBJECTIVES:

**AFTER ATTENDING THIS INTERMEDIATE-LEVEL PROGRAM, PARTICIPANTS SHOULD BE ABLE TO:**

- 1. Identify the personal and professional benefits of using mindful meditations.**
- 2. Practice and integrate at least two ways of meditating in everyday life.**
- 3. Identify opportunities to use mindfulness with clients.**

**ALLENDALE ASSOCIATION  
VALUES PROFESSIONAL  
DEVELOPMENT AND TRAINING  
AS ONE OF ITS CORE VALUES.**

## BRADLEY COUNSELING CENTER - PRESENTATION REGISTRATION FORM:

NAME \_\_\_\_\_  
Licensed: \_\_\_\_\_ Psychologist \_\_\_\_\_ Clinical Social Worker \_\_\_\_\_ Clinical Professional Counselor  
License #: \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
PHONE \_\_\_\_\_  
EMAIL \_\_\_\_\_  
ORGANIZATION NAME \_\_\_\_\_

**Total number of presentations registering for:**  
\_\_\_\_\_ \$30.00 (No Cost for Allendale Employees)  
\_\_\_\_\_ \$15.00 for Students  
School Name: \_\_\_\_\_  
TOTAL COST \_\_\_\_\_

### Payment Method:

\_\_\_\_\_ CHECK OR MONEY ORDER PAYABLE TO:

**Bradley Counseling Center**

\_\_\_\_\_ VISA \_\_\_\_\_ MASTERCARD \_\_\_\_\_ DISCOVER

CREDIT CARD # \_\_\_\_\_ EXP. DATE \_\_\_\_\_

SIGNATURE \_\_\_\_\_

**Please detach and mail registration form and payment to:**

**Bradley Counseling Center**  
Attn: Proops Development Center Registration  
P.O. Box 1088, Lake Villa, IL 60046